



Specialist care homes for the elderly



YOU AND YOU ALONE MATTER

At Milkwood Care, we strive to provide unrivalled high standards of care in each of our stunningly beautiful homes where only you matter. We strongly believe in the total well-being of each one of our residents and aim to provide a personal, caring environment, where everything is set up and driven to maximise the happiness and well-being of residents.

We aim to make life at a Milkwood home a positive life-enhancing experience in a relaxing, yet uplifting sanctuary. The Mountains is an excellent example of how we have developed and continue to achieve this.





OUR HOME IS YOUR HOME

The Mountains is a specialist nursing home offering the highest standards of care for elderly residents with Alzheimers, dementia or mental illness. The home is set in a relaxed environment, in the idyllic location of Brecon in Powys.

There are three large comfortable lounges and two dining areas. The home has a distinctive 'family' atmosphere and is bustling with visitors and activities. Our buildings are set in beautiful enclosed gardens, available for residents and guests to enjoy year round.



A CLOSE-KNIT INTIMATE ENVIRONMENT

The Mountains offers luxury accommodation for residents aged 65 years and over. We have a mixture of single and double rooms, all ensuite and many with views over Pen-y-fan, the highest peak in the Brecon Beacons.

Our bright, airy living spaces present a cheery welcome and passenger and stair lifts ensure wheelchair access throughout the home. Residents and guests are free to enjoy our beautiful garden space year-round. We have the latest technology enabling our residents and visitors to be up to date and connected during their stay here. Wifi, broadband and ipads are available for everyone to enjoy.

We compile a regular newsletter, packed with photos and stories, to keep residents' friends and families up to date with our activities. We are animal lovers and welcome pets by pre-arrangement. We regularly have petting animals visit and all our residents enjoy the therapeutic benefits of stroking and talking to these furry friends.



Rural tranquility combined with easy road access and extensive in-house facilities makes The Mountains the perfect environment for care.

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I CANNOT
THANK EVERYONE
ENOUGH FOR
ALL THE SUPPORT
THEY GAVE
OUR FAMILY



ATTENTIVE, PROFESSIONAL CARE

Our enthusiastic and dedicated staff are one of our most valued assets. Our fully-qualified team provide 24/7 care and we work hand in hand with local health professionals, who are on call for when we require specialist care. We train all our staff to the very highest standards, ensuring they are abreast of the latest techniques in dementia care or stimulation therapy, for example. As a registered nursing home, we provide nursing for the elderly and specialise in mental health, Alzheimers and dementia care. Our support team are talented in their roles; every employee at The Mountains has a part to play in delighting our residents, whether they are one of our guest entertainers, experienced kitchen staff or a member of our efficient administrative team. Our residents enjoy 5 star catering - our talented chefs serve a wide range of delicious mealtime delights.





SUCH A
WONDERFUL
SERVICE,
ACCOMPANIED
BY BEAUTIFUL
SURROUNDINGS

VARIETY IS THE SPICE OF LIFE

Our rich schedule of regular and ad hoc activities gives our residents the opportunity to participate in their favourite pastimes, learn new skills, venture outdoors and keep their minds & bodies fit and alert. We have a creative and enthusiastic support team who devise a broad programme of structured activities, including reminiscence therapy, musical movement, flower arranging and other crafts. Our garden is equipped with outdoor percussion instruments that residents can play and enjoy listening to year round. Our annual fête is a renowned and anticipated local event. We run our own minibus and organise regular outings and visits.





The Mountains Nursing Home

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Part of the Milkwood group